

General Assistance Medical Program  
**Request for Information**

**Candidates for Comprehensive Cardiac Rehabilitation**

Date: \_\_\_\_\_

<b>Patient Name:</b>	<b>DOB:</b>
<b>Diagnosis:</b>	
<b>Recent Cardiac Procedures:</b>	

**Plan of Care:**

Education	# of sessions needed
<input type="checkbox"/> Dietary Counseling	
<input type="checkbox"/> Smoking Cessation	
<input type="checkbox"/> Weight Loss	
<input type="checkbox"/> Lifestyle Modification	
<input type="checkbox"/> Exercise/general Conditioning Includes instruction and training in a self- directed general tonic exercise program. A. Maximum allowed VISITS (3) plus (2) additional Visits to follow-up for program updates and compliance B. These visits to be combined with any educational visits from above.	

The therapist must complete this form after receiving authorization for an initial cardiac rehabilitation evaluation, which is done by completing the GAMP Community Clinic Referral Authorization form.

Fax this form to GAMP, along with:  
\* METs  
\* EKG  
\* Target Heart Rate  
\* Medication List

**Monitored Cardiac Rehabilitation:**

for patients who exceed their target Heart Rate @ less than 2-3 MET level of exertion.

- A. Required Continuous Exercise ECG
- B. Baseline MET level: \_\_\_\_\_ METS
- C. Target MET level: \_\_\_\_\_ METS
- D. Projected # of Visits to achieve target: \_\_\_\_\_ Visits  
(GAMP may request interim reports for MET progression)

**Total Number of Visits Requested:** \_\_\_\_\_ **Visits**

**Additional Information Needed for GAMP to respond to your request for visits include:**

- Functional Capacity Evaluation and EKG report (if available)
- Medication List
- Target Heart rate

\*\*\*\*\* For GAMP Utilization Management use only \*\*\*\*\*

<b>Today's Date:</b>	<b>Authorization No:</b>
<b>Signature:</b>	<b>Visits Authorized:</b>

*Issuance of number indicates medical necessity, and does not necessarily guarantee payment of services.*

**Fax form to (414) 289-8516 Utilization Management : Telephone # 289-6731**

Update 2/2008